


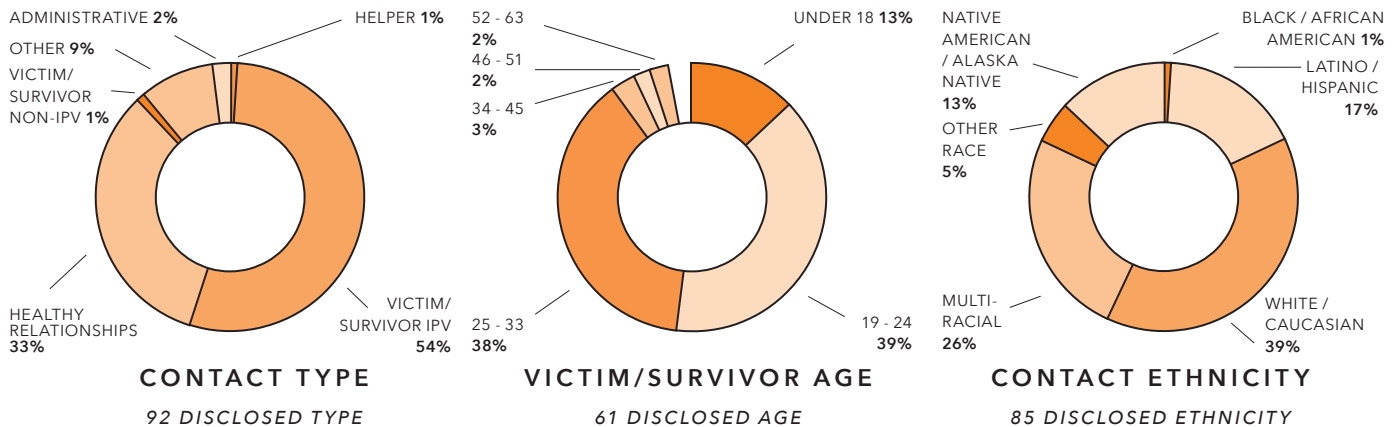


In 2019, loveisrespect documented **92** contacts from Alaska. The state ranks 38th in terms of contact volume. loveisrespect provides crisis intervention, safety planning, referrals and DV and healthy relationship education for these contacts.

	Phone	<b>35</b>
	Chat	<b>47</b>
	Text	<b>10</b>
	<b>Total</b>	<b>92</b>

## WHO IS CONTACTING LOVEISRESPECT FROM ALASKA?

*Due to rounding of our data calculations, these numbers may not equal 100%*



### CONTACT TYPE DEFINITIONS:

**Victim/Survivor Intimate Partner Violence (IPV):** A contact who has experienced abuse by an intimate partner and is looking for information, resources, emotional or other support regarding the abusive relationship.

**Victim/Survivor Non-IPV:** A contact who has experienced abuse from anyone other than an intimate partner (i.e. parent, sibling, caretaker), and is looking for information, resources, or support regarding the abuse.

**Healthy Relationship Inquiry:** A contact discussing intimate partner relationships who is not experiencing a pattern of abusive behaviors.

**Abusive Partner:** A contact who engages in a pattern of behavior to establish power and control over an intimate partner.

**Other:** A contact who is not currently experiencing violence and has needs outside the scope of healthy relationships or intimate partner violence services.

NOTE: This contact type excludes wrong numbers.  
Contacts may report one or more types of abuse.

### TOP 10 CITIES BY CONTACT VOLUME

City	%
Anchorage	41%
Wasilla	18%
Juneau	17%
Ketchikan	5%
Fairbanks	4%
Palmer	4%
Kodiak	2%
Soldotna	2%
Bethel	1%
Dillingham	1%

## WHAT VICTIMS ARE EXPERIENCING

96%

### EMOTIONAL/ VERBAL ABUSE

*Behavior that isn't physical, which may include verbal aggression, intimidation, manipulation, and humiliation, which most often unfolds as a pattern of behavior over time.*

44%

### PHYSICAL ABUSE

*Non-accidental use of force that results in bodily injury, pain, or impairment. This may include being slapped, burned, cut, bruised, or improperly physically restrained.*

16%

### ECONOMIC/FINANCIAL ABUSE

*When one intimate partner has control over the other partner's access to economic resources, which diminishes the victim's capacity to support themselves.*

30%

### DIGITAL ABUSE

*The use of technologies such as texting and social networking to bully, harass, stalk, or intimidate a partner.*

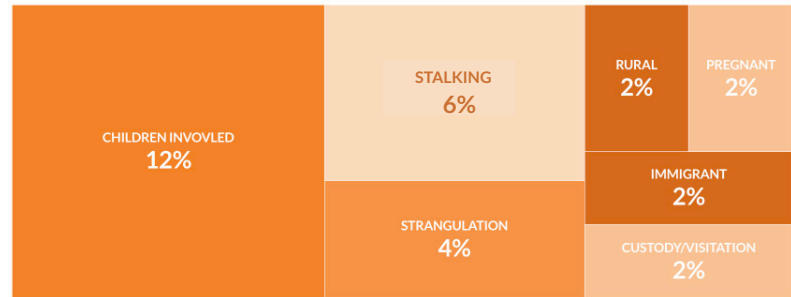
44 %

### SEXUAL ABUSE

*Non-consensual sexual interaction through coercion, guilt, or force. This may include pressure to engage in sexual activity, refusal to use contraception, or demanding of sexual images or video.*

50 DISCLOSED EXPERIENCES

## MOST COMMONLY DISCLOSED FACTORS BY VICTIM/SURVIVORS



## VICTIM/SURVIVOR NEEDS COMMONLY REQUESTED SERVICES:

DV SHELTER	2	4%
LEGAL ADVOCACY	8	18%
INDIVIDUAL PROFESSIONAL COUNSELING	9	20%
SUPPORT GROUPS	9	20%
LEGAL REPRESENTATION	0	0%
PROTECTIVE/RESTRAINING ORDER	0	0%



Best practice is to refer each contact to 3 resources.

## MOST-REFERRED RESOURCES

- 1 SCARLETEEN
- 2 RAPE, ABUSE, AND INCEST NATIONAL NETWORK (RAINN)
- 3 WOMENSLAW.ORG
- 4 FEMINIST FREQUENCY ONLINE SAFETY GUIDE
- 5 HACKBLOSSOM

*Providers are direct providers of domestic violence services, offered in their local community free of charge to victims/survivors.*

*Resources are social service agencies or informative programs. They are not domestic violence specific, and they can be either statewide or nationwide.*

