

# love is digital



## digital abuse:

- Tells partner **who they can/can't be friends with** or follow on social media
- Sends **insulting, threatening texts or is constantly texting** (partner can't be away from phone)
- Demands partner send **explicit pictures** or sends unwanted, explicit pictures
- Steals or insists to be given passwords and/or **looks through phone** frequently




**Sound familiar?** If you want to talk about your digital relationship, call, text or chat with a peer advocate. Everyone deserves a healthy relationship.

connect now!

**chat** at [loveisrespect.org](https://loveisrespect.org)

 **text love to 22522**

 **call 1-866-331-9474**  
(1.866.331.8453 TTY)

Discuss your options confidentially.  
Peer advocates are available 24/7.

free.  
confidential.  
24/7.



love is respect **N**org